



2022

**SABELL SISTERS
DEVELOPMENT
PROGRAMME**





WELCOME TO THE SABEEL DEVELOPMENT PROGRAMME

If you are ready to take that next big step in your life and make that real change, if you are the type of individual that doesn't like to sit around waiting for it to happen but be the catalyst that makes it happen then this is the programme for you.

The Sabeel Development Programme is designed for those who truly want to excel and take accountability for their own growth. The programme is delivered over 3 years and focuses on several elements that will help individuals to propel and excel in their Islamic knowledge as well as their personal development.

VISION

‘TO SEE MUSLIMS EXCELLING AND POSITIVELY IMPACTING THE WORLD.’

The Prophet (saw) spent his life nurturing and building the companions and developing the likes of Abu Bakr, Umar and all the other companions who excelled in this world in preparation for the next. This standard of excellence was the foundation for communities to flourish and the spread of Islam around the world.

We at Sabeel want to continue this legacy and follow in the footsteps of the Prophet (saw) and his companions.

We want to see a world where all Muslims are excelling, living the best version of themselves and positively impacting the world.



MISSION

“To holistically nurture, educate and empower Muslims to excel”

The Prophet (saw) taught and nurtured his companions in a holistic way teaching them the core principles of Islam and their application, causing them to excel in their own development, their relationship with Allah and with the creation.

Many have lost this holistic outlook and focus on one area at the neglect of others. Those who focus on knowledge sometimes neglect excelling in ibadah, akhlaq and being beacons for society and the people around them. Another example is those who focus on activism and neglect gaining knowledge or excelling in ibadah.

Following in the footsteps of the Prophet (saw) and his companions, Sabeel wants to see a world where Muslims are excelling and living the best version of themselves and are positively impacting the world.

Sabeel aims to nurture, educate, and empower its students in a holistic way based on the Siddiqiyah model, by creating programmes that deliver this model and nurture, educate, and empower students helping them grow and be the best version of themselves. All our programmes focus on core principles, practical steps for growth and elements that push students out of their comfort zone in order to help them in their overall/holistic growth.

1 YEAR

INDUCTION

RETREAT 1 - SABEEL FOUNDATIONS

ONLINE INTENSIVE SEMINAR 1

RETREAT 2 - ULUM AL QUR'AN

RETREAT 3 - USUL AL TAFSIR

ONLINE INTENSIVE SEMINAR 2

2 YEAR

RETREAT 4 - ULUM AL SUNNAH

ONLINE INTENSIVE SEMINAR 3

RETREAT 5 - IJMA' & QIYAS

RETREAT 6 - USUAL AL FAHM

ONLINE INTENSIVE SEMINAR 4

3 YEAR

RETREAT 7 - MASLAHA & MAQASID

ONLINE INTENSIVE SEMINAR 5

RETREAT 8 - USUAL AL KHILAF

ONLINE INTENSIVE SEMINAR 6

RETREAT 9 - USUL AL BID'AH

GRADUATION

FOCUS ON TAZKIYAH, IBADAH, AKHLAQ

40 WEEKS 1-TO-1 QUR'AN CLASSES

ASSESSMENTS FOR ALL ELEMENTS

30 ONLINE CLASSES

6 ONLINE INTENSIVE SEMINARS

SEMINAR 1	SEMINAR 2	SEMINAR 3
SINCERITY & INTENTION	TYPES OF HEART & SOUL	LOVE OF ALLAH
EXCELLENCE OF GOOD MANNERS	ACQUIRING GOOD MANNERS	GENEROSITY
RECITATION OF THE QUR'AN	SUNAN PRAYERS & WITR	PRAYER AT NIGHT
SELF-AWARENESS	LEARNING AGILITY	HABITS
SEMINAR 4	SEMINAR 5	SEMINAR 6
HOPE IN ALLAH	FEAR OF ALLAH	RELIANCE UPON ALLAH
COURAGE	MANNERS WITH PARENTS	TRUTHFULNESS
DAY & NIGHT REMEMBRANCE	SERVING PARENTS	REFRAINING FROM SIN
INCREASING SELF CONFIDENCE	COMMUNICATION	PERSONAL RESPONSIBILITY

WEEKEND RETREATS

Our weekend retreats are a fine balance of Islamic learning and personal development...

In key areas including but not limited to Tazkiyah, Akhlaq, Ibadah. Students are immersed in an environment where they have the opportunity to learn, discuss and be tested in many different ways.

The weekend retreats allow students to identify their strengths and weaknesses through their own journey which in turn helps them grow and excel. Below are some of the benefits of our weekend retreats.



X3 weekend retreats per academic year



Long Lasting Relationships



Comprehensive Course Notes



Great balance of Learning, Personal Development and Activities



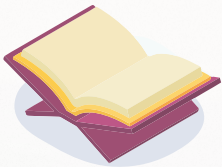
End of Retreat Assessments

QUR'AN CLASSES

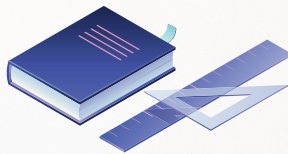
In order to be the best you can be, you need to ensure you have a strong relationship with the Book of Allah SWT, the Qur'an. This is why at Sabeel, one of our key components is the 'Personal Qur'an Programme' (PQP).

Every student upon registering for the Sabeel Development Programme is enrolled onto a bespoke 1-to-1 Qur'an Programme where students are assigned a qualified teacher who will help them in their fluency and memorisation of the Qur'an and ensure minimum targets are met throughout their time on the programme.

Below are some of the key features of our Personal Qur'an Programme (PQP):



**40 weeks of
1-to-1 Qur'an
classes**



**Bespoke Lessons
Based on
Individual Ability**



**Minimum Targets
Expectations
Based on Ability**



Progress Report



**Taught by
qualified teachers**

ONLINE COURSES

Another component within the Sabeel Development Programme is our short online courses. Every year students are expected to complete short online e-modules within a specific subject and complete an examination at the end of each module.

There are courses delivered Aqidah, Fiqh, Tafsir and Hadith which will give students familiarity with certain texts and an understanding of those sciences. Below are some of the key features of the online courses:



**30 Online
Classes per Year**



**End of Module
Assessments for
all Courses**



**Variety of Topics;
Aqidah, Fiqh,
Tafsir and Hadith**



**Access Tracking of
Progress through
Student Portal**



**Taught by
qualified teachers**



**Have Questions
Answered by Your
Teachers Online**

ONLINE INTENSIVE SEMINARS

To supplement the retreats and help students in understanding the knowledge framework, there are key Islamic Sciences that need to be introduced and explored. This learning facet of the programme will consist of 2 one day Online Intensive Seminars.

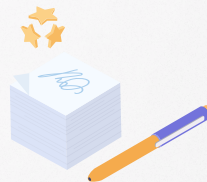
These Online Intensive Seminars are an introduction to the different Islamic Sciences and will help students develop awareness of the Sciences and approaches to undertake for further progression. Below are key features of the Online Intensive Seminars:



**2 One Day
Online Intensive
Seminars**



**Variety of Topics;
Akhlāq, Ibadah and
Tazkiyah**



**Comprehensive
Course Notes**



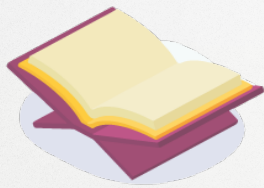
**Assessments
for all
Intensive
Seminars**

HOLISTIC DEVELOPMENT

The Sabeel Development Programme has been carefully thought out to ensure that ultimately it is all about the student and their development.

Throughout the programme there have been components and modules purposefully selected to ensure that we can achieve the best outcome for a student in their Islamic development and holistic development and also to keep a tab on students' progress.

Below are some of the other subtle but key features of how we aim to achieve this growth of our students:



**Personal Qur'an
Programme**



**Focus on Key
Development Areas**



Online Assessment

TESTIMONIALS

Have a look at a few of the many amazing people that have passed through the Sabeel Development Programme!

“

“The retreat was an amazing experience!! I enjoyed my experience here and i honestly cannot wait for the next one!”

”

“

“Alhamdulillah, sisterhood, amazing knowledge, great activities and much more! Loved and enjoyed every bit of this retreat alhamdulillah! So, so grateful to be in this programme!”

”

“

“Sisterhood was amazing, the teachers were excellent, the staff were brilliant, cannot fault this experience and advise all sisters to try it out!”

”

“

“What makes me return to the retreats is the content, it's very relevant and deep. It's something that needs to be learnt by all practising muslims.

”

FEES

As with anything in life, if you want to get the best out of something you have to put the effort in - not only blood, sweat and tears but also through financial means.

We have tried to make the Sabeel Development Programme as affordable as possible and we are always willing to accommodate requests for those who may need further financial assistance. Below are the fees we charge for your development:

Monthly

£75

Most Common

- ✓ 36 monthly instalments of £75
- ✓ 9 Residential Weekend Retreat (e-retreat during COVID)
- ✓ 120 weeks of 1-to-1 30 minute Qur'an classes
- ✓ Over 90 Online Classes
- ✓ Six 1-day Intensive seminars

[ENROL NOW](#)

Annually

£800

save £100

- ✓ 3 Instalments of £800
- ✓ 9 Residential Weekend Retreat (e-retreat during COVID)
- ✓ 120 weeks of 1-to-1 30 minute Qur'an classes
- ✓ Over 90 Online Classes
- ✓ Six 1-day Intensive seminars

[ENROL NOW](#)

One-off

£2300

save £400

- ✓ One-off hassle free payment
- ✓ 9 Residential Weekend Retreat (e-retreat during COVID)
- ✓ 120 weeks of 1-to-1 30 minute Qur'an classes
- ✓ Over 90 Online Classes
- ✓ Six 1-day Intensive seminars

[ENROL NOW](#)



**CONTACT US FOR
MORE INFORMATION**

**ENQUIRIES@SABEEL.ORG.UK
OR GIVE US A CALL ON 020 3540 7767**

